

MESSAGE FROM SANDI TAMAROFF, KADIMA PRESIDENT

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To quote "Hey Jude" by the Beatles, "remember to let them into your heart, then you can start to make it better, better, better!" Kadima's 25th anniversary was celebrated at our annual benefit held at the Max M. Fisher Music Center.

The group, Beatlemania, was the featured entertainment and music from the Beatles era still resonates today.

We were proud to honor Ann and Norman Katz, long-time supporters of Kadima. Ann spoke of a family member who was diagnosed with schizophrenia as a college student. Ann stated, "There was no organization like Kadima years ago and I have wondered if there were,

would my family member be a functional individual in our community?"

Board member, Jo Elyn Nyman, spoke of a large population of children and young adults with mental, emotional, behavioral or substance abuse disorders that are misunderstood, misdiagnosed and mistreated. Jo Elyn continued, "The way it is right now, these children are falling through the cracks and Kadima is ready to develop programming for children and young adults". A family involved with Kadima's Parent Support Advocacy Group discussed their personal story. Their child had been misunderstood and misdiagnosed. Kadima offered this family hope and gave them needed guidance and services to help their family move forward.

Kadima's Biennial Educational Conference offered insight into childhood mental illness. Gail Katz, immediate past-president of

Kadima and a dedicated committee created a successful and well-attended conference. Dr. Demitri Papolos, the guest presenter, spoke to an audience of therapists, educators and family members. During the questions and answers segment of the conference, attendees were moved by the personal stories of parents whose children faced issues of stigma often associated with mental illness.

Kadima has always had the vision to "let them into our hearts", but without your help and support we alone can not make lives better. We are blessed with the support of our community and we will continue to grow to meet the needs of children and adults with chronic mental disabilities.

Annual Benefit

Kadima celebrated its 25th anniversary at our annual fall benefit with "Twist and Shout: The Ultimate Beatles Revue" on September 22nd. A crowd of more than 1,000 people danced in their seats to the Beatles look-alike, sound-alike cast at the Max M. Fisher Music Center. Singing along to "Let it Be" and "Hey Jude" made for great entertainment for people of all ages. The event raised critical funding for Kadima's programs and services.

The program included a welcome by President, Sandi Tamaroff and recognition of Ann and Norman Katz, benefit honorees and long-time Kadima supporters. Ann is a Kadima board member and Norm and Ann donated a Kadima residential home. Jo Elyn Nyman, a Kadima board member, spoke of the increasing need for Kadima to provide children's services for children diagnosed with serious and chronic emotional disabilities. A family receiving services at Kadima shared their story about how Kadima's Family Advocacy Support Group has helped them successfully navigate the educational and mental health systems to receive necessary services.

Following the program, the cast of "Twist and Shout" joined guests at an afterglow in the atrium where everyone mingled, took pictures and had a wonderful evening.



Ann & Norman Katz, benefit honorees



Katz Family

PARENT SUPPORT GROUP

Kadima continues to offer a monthly support group for parents of children with behavioral and emotional issues. The group meets the fourth Tuesday of every month and there is no fee for this service.

**For information contact
Lisa Kaufman
248.559.8235, ext. 104**

NCJW/KADIMA PROJECT FRIENDSHIP ACTIVITIES

Kadima's Sunday brunch program, generously funded by NCJW, provides a variety of stimulating activities for Kadima clients. The following activities are scheduled.

November 15th- Brunch and trip to Royal Oak Flea Market
December 6th- Chanukah brunch and Detroit Repertory Theater
December 20th- Brunch and activity

Biennial Conference

On Friday, October 23, 2009, Kadima hosted its Biennial Educational Conference at Oakland Community College in Auburn Hills. The conference, titled "Children and Young Adults Struggling with Emotional Disorders: Using Challenges to Foster Hope", provided the almost 200 attendees (mental health professionals, educators and parents of children with serious mental health disabilities) with morning workshops, afternoon breakout sessions and a panel presentation.

Keynote speaker, Dr. Demitri Papolos, author of *The Bipolar Child* and practicing psychiatrist, presented two morning workshops that focused on "Childhood-Onset Bipolar Disorder: Under-Diagnosed, Under-Treated and Under-Discussion - Diagnostic Conundrums and A Dimensional Approach to Diagnosis". The five afternoon breakout sessions, each with a professional speaker, offered attendees research and information on children with serious emotional disabilities. The afternoon culminated with a panel presentation consisting of speakers from various ethnic communities within the metro Detroit area who presented on "Mental Health Issues and Challenges Facing Metro Detroit's Diverse Communities". The conference was well received from those in attendance.

Save the Date

Ninth Annual Kadima Golf Classic

Monday, July 19, 2010
Franklin Hills Country Club

For more information contact Paula Schonberg (PaulaS@KadimaCenter.org),
248.559.8235, ext. 118.

Wish List

Stoves • Refrigerators • Dishwashers
Microwaves • Washers • Dryers

ALL IN GOOD RUNNING ORDER