

## MESSAGE FROM SANDI TAMAROFF, KADIMA PRESIDENT

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Kadima helps change the lives of our clients. From our history of working with adults, our programming has now grown to also include services to children. The Jewish Fund

responded to Kadima's request for funding with a generous three-year grant that secures our ability to open our Child and Adolescent Program. This program is providing individual, family and group treatment, a parent

support/advocacy group, respite services, social and recreational activities, case advocacy and crisis intervention for children, 8 - 18 years, who are diagnosed with serious emotional and behavioral disorders and their family members.

While the community looks to Kadima to meet the needs of children and adults with mental illness, we find that many of our clients are discouraged by the level of stigma they face every day.

One misconception of mental illness is that those who suffer from mental illness are dangerous; this could not be

further from the truth. Awareness and knowledge are basic to understanding mental illness. While advocacy has grown, stigma remains in the form of rejection or fear; some even think it best to isolate these individuals rather than integrate and accept them as human beings who happen to have a disability.

Our clients each have a face and a personal story and many of them work very hard to be integrated and connected in our community. They are an inspiration of survival while coping with a major disability. Help us embrace Kadima clients and others with mental illness and stomp out stigma!

**Not Just a Roof Over Your Head...**

*"I LOVE MY HOME; I LIVE INDEPENDENTLY; I WALK TO THE GROCERY STORE AND THE BARBER; I BUDGET MY OWN MONEY" – KADIMA CLIENT.*

*"RECENTLY I MET A FRIEND AND WE TALKED ABOUT WHERE WE EACH LIVED. I, BEING PROUD OF MY LIVING SITUATION TOLD HER ABOUT KADIMA. SHE CAME OVER TO THE HOUSE (KADIMA GROUP HOME) AND MET MY ROOMMATES. I DIDN'T FEEL THAT I HAD TO HIDE ANYTHING SO I ENDED UP EDUCATING HER ABOUT MY MENTAL ILLNESS. WE ARE STILL FRIENDS AND I FEEL ACCEPTED" – KADIMA CLIENT.*

Kadima's residential group housing program provides a safe environment for more than 100 clients. Kadima clients experience dignity and acceptance; they are welcomed and integrated into neighborhoods and have a sense of acceptance in contrast to the stigma they may have encountered in the past. Family members have peace of mind knowing their loved ones are safe and secure. Family members know their loved ones will live at Kadima as long as they need our services and that we will tailor our programming to meet the needs of our aging clients.

Our twenty-five homes are located in Southfield, Oak Park, Farmington Hills and West Bloomfield and are staffed with professionals who are trained and caring. If you are interested in helping Kadima provide lifelong services for our clients, please contact Janette Shallal, Executive Director, 248.559.8235, extension 110 or kadimaplus@msn.com to become part of our permanent legacy giving program.

*"I HAVE BEEN LIVING AT A KADIMA HOME FOR THE PAST TEN YEARS; WE DO CHORES TOGETHER AND I HAVE LEARNED HOW TO SHOP AND COOK. I AM MORE INDEPENDENT AND MORE ACCEPTED AT SCHOOL AND AT WORK" – KADIMA CLIENT*

## Annual Satisfaction Surveys

Each year, Kadima surveys (1) clients and family members to gain information on levels of satisfaction with Kadima's programs and services and (2) stakeholders to assess how Kadima is perceived in the community in terms of collaboration and professionalism. Please see some statistics (below) from our annual surveys.

**Wish List**  
 Stoves  
 Refrigerators  
 Dishwashers  
 Microwaves  
 Washers  
 Dryers

ALL IN GOOD RUNNING ORDER

- 90% of Kadima clients find individual and group treatment very helpful.
- 94% of Kadima clients are satisfied with the quality of services they receive at Kadima.
- 82% of family members of Kadima clients report they are satisfied with the quality of services their loved ones receive at Kadima.
- 96% of family members of Kadima clients report they would recommend Kadima's program to someone in need of Kadima services.
- 100% of stakeholders report a high level of satisfaction with the professionalism of Kadima staff.
- 85% of stakeholders report Kadima responds very well to crisis situations.

## Save the Date

### Family Fun Day

**Sunday, June 27, 2010**

Summer Impressions Day Camp,  
 West Bloomfield

Event benefits Kadima's Child  
 and Adolescent Program

### Ninth Annual Kadima Golf Classic

**Monday, July 19, 2010**

Franklin Hills Country Club, Franklin  
 Event benefits Kadima's Lois and  
 Milton Y. Zussman Activity Center

For information about Kadima events, please  
 contact Paula Schonberg, Event Planner,  
 paulas@kadimacenter.org  
 248-559-8235, extension 118