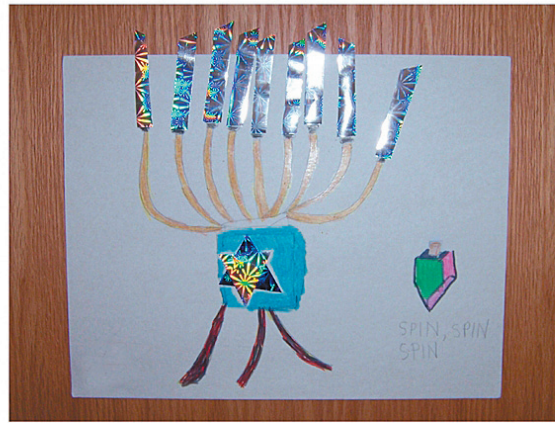


- Did you know that suicide is the third leading cause of death for youth aged 15 to 24 years and the sixth leading cause of death for 5 to 14 years old?
- Did you know that mental illness touches one in every five families?
- Did you know that depressive disorders often co-occur with anxiety disorders and substance abuse?



## DECEMBER

*From our Kadima home to your home, we hope you enjoyed a Happy Chanukah!  
(Picture created by a Kadima adult client.)*

## KADIMA'S PROGRAMS AND SERVICES

From young children to our senior population, Kadima has programs and services that are tailored to meet the needs of youth diagnosed with emotional and behavioral disorders and adults diagnosed with serious and chronic mental illness. Today, Kadima serves more than 250 children and adults in a warm, caring and client-centered environment with professional staff dedicated to help our clients move forward in their lives.

Our **Child and Adolescent Program** offers mental health services to children, 3 – 18 years, and their family members. In a child-friendly and age-appropriate milieu, children receive individual, group and family treatment along with additional services that might include a parent support group, respite services, social and recreational activities, advocacy, education or crisis intervention. For

information on the Child and Adolescent Program, please contact Gail Kaye, PhD., Supervisor.

Kadima's **Adult Program** has been in existence for the past twenty-six years. This well-established program includes residential options and out-patient services for adults 18 to 64 years. An extension of Kadima's Adult Program is Kadima Plus\*, a program that offers seniors who are diagnosed with severe and chronic mental illness and who are 65+ years, in-home supports and case management services. For information on Kadima's Adult Program, please contact Nancy Stein, LMSW, Clinical Director.

*If you or someone you know needs Kadima's services, please visit our website, [www.kadimacenter.org](http://www.kadimacenter.org), or call Kadima at 248.559.8235.*

## Kadima Receives a Substance Abuse License

Kadima received a substance abuse license from the Department of Community Mental Health, Substance Abuse Licensing Section to facilitate our work with adults who have a dual diagnosis of mental illness and substance abuse.

This dual recovery program is focused on the client's need to manage the effects of mental illness and the desire to stop using substances. For information on our adult substance abuse group, please contact Lisa Kaufman, master's level therapist, at 248.559.8235, extension 104 or [lisak@kadimacenter.org](mailto:lisak@kadimacenter.org).

## KADIMA PLUS\*...FOR SENIORS

The "Kadima Plus" program was established in 1993 in collaboration with Jewish Family Service and Jewish Senior Life. This program was in response to the many seniors in our community who were disconnected and not receiving critical mental health services. Kadima Plus ensures that seniors, diagnosed with severe and chronic mental illness, remain in their homes and connected to supports and loved ones with in-home and case management services and counseling.

Gene came to Kadima in 2001, a shattered man. He was assigned a Kadima case coordinator who visits him a minimum of once a week to monitor his well-being, take him shopping, help him with his finances and bill paying, set up his medical appointments and make sure he takes his psychotropic medications. The case coordinator ensures psychiatric management of Gene's medications and is available to attend his appointments with his psychiatrist. Gene also has a Kadima social worker that he sees regularly for individual therapy appointments.

Gene is but one client in our Kadima Plus program. His success is Kadima's success and his well-orchestrated and balanced life reinforces Kadima's commitment to help individuals with serious and chronic mental illness be independent, connected

## Jamie Gildenberg, West Bloomfield High School senior, gifts Kadima...

Kadima received a very special donation of \$250 from Jamie Gildenberg, a West Bloomfield High School senior.

"One day after school I decided I wanted to raise money for a charity as a way of giving back to my community. I made beautiful beaded key chains and sold them to my friends and family. After raising \$250, I researched possible charities where I would want to donate my money. When I read about Kadima, I was extremely impressed with the Child and Adolescent Program that helps children with emotional and behavioral disorders. Working with children, whether I am babysitting or volunteering, is a major part of my life which is why I felt the Child and Adolescent Program, through Kadima, was the perfect organization to support with the money I raised from making key chains. I feel it is so important to educate people about Kadima and the wonderful work they do to help make a difference within our community."



## PARENT ADVOCACY GROUP

Kadima offers a monthly support group for parents and family members of children with behavioral and emotional issues. The group meets the fourth Tuesday of every month and there is no fee for this service.

For information, please contact Lisa Kaufman, 248.559.8235, extension 104 or [lisak@kadimacenter.org](mailto:lisak@kadimacenter.org).